

GRuB

***growing healthy food, people &
community since 2001***



**Kim Gaffi, Director of Youth Programs
Garden-Raised Bounty (GRuB)**

WHAT IS GRUB UP TO IN OLYMPIA?

- **42 Gardens have been built for low-income households including for Stonewall Youth**
- **GRUB-in-the-Schools: Freedom Farmer expansion**
- **30 local youth in Summer program**
- **20 Senior CSA & 10 Families on the Farm**
- **3 weeks of Seed-to-Table Camps**
- **Re-establishing Victory Farmers - engaging veterans**
- **Rx Gardens - 8 families with Olympia Pediatrics**



GRUB-IN-THE-SCHOOLS UPDATE



TEND, GATHER, GROW CURRICULUM



THE VICTORY GARDEN PROJECT & VICTORY FARMERS

HOW DOES GRUB IMPACT OUR COMMUNITY?

- **Access to Fresh Food**

- Enhanced Food Security During Growing Season
- Long-term physical & mental health benefits

- **Skills & Abundance**

- Knowledge is power
- Ever heard of 'Sneak Zucchini Onto Your Neighbor's Porch' Day? (8/8)

- **Cultivating Resilience & Community**

- Peer support & a sense of belonging
- People experience purposeful work & value their own contributions

- **Promoting Equity**

We partner with people who've experienced marginalization
We distribute resources to empower people to create solutions to
issues that are affecting them

**Health Care
System**

**K-12
Education
System**

**Economic
System**

As a fundamental need that all people share, food is the leverage point that GRuB uses to create opportunities for change in other complex, flawed systems.

EVERYONE AT THE TABLE



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