

**PROCLAMATION**

*WHEREAS; September is known globally as “Suicide Prevention Month”, the National Suicide Prevention + Action Month Proclamation was created to raise the visibility of the mental health resources and suicide prevention services available in our community; and*

*WHEREAS; the goal is to start the conversation about mental health and the impact of suicide to help destigmatize the conversation and help connect people with the appropriate support services; and*

*WHEREAS; According to the American Foundation for Suicide Prevention, Suicide is the 10<sup>th</sup> leading cause of death among adults, and the second leading cause of death among individuals between the ages of 10 and 34 in the United States; and*

*WHEREAS; more than 48,000 people died by suicide across the United States in 2018, with an average of 132 suicides completed daily; and*

*WHEREAS; each and every suicide directly impacts a minimum of 100 additional people, including family, friends, co-workers, neighbors, and community members; and*

*WHEREAS; the City of Olympia publicly places its full support behind those who work in the fields of mental health, education and public safety; and*

*WHEREAS; global organizations like Hope For The Day and local mental health partners, serve on the front lines of a war that many still refuse to discuss, as stigma regarding suicide and mental health issues is far too prevalent; and*

*NOW, THEREFORE, BE IT RESOLVED, the Olympia City Council, does hereby proclaim September 2022, as*

**SUICIDE PREVENTION MONTH**

*in the City of Olympia and encourages all community members to take the time to understand the importance of mental health education and recognize that taking care of ourselves and others includes taking care of mental health.*

**SIGNED IN THE CITY OF OLYMPIA, WASHINGTON THIS 13<sup>th</sup> DAY OF SEPTEMBER 2022.**

**OLYMPIA CITY COUNCIL**

*Cheryl Selby, Mayor*