

Tobacco-Free Policy Development

Thurston County

Helpful Resources:

CDC Healthier Worksite Initiative, Tobacco-Free Workplace Toolkit
<http://www.cdc.gov/nccdphp/dnpao/hwi/toolkits/tobacco/index.htm>

Lessons Learned:

- 1) Set a realistic time table. (6-12 months minimum)
- 2) If there are other local tobacco policy examples, talk with them.
- 3) Be ready to talk with your local policy makers.
- 4) Know your properties.
What is leased? Partially? Wholly? What is covered by ordinance?
- 5) Have a diverse committee.
- 6) Be open to all the possibilities.
- 7) Set a realistic budget.

Timeline Steps:

1. Start (approximately 18 months to 2 years before adoption)
 - Prepare briefing materials that define problem using local data; determine key stakeholders
 - Present to policy makers (in the example of a county policy, your Board of Health) in order to get direction
2. Develop (3 months to 1 year)
 - Convene stakeholder committee to review policymaker direction, understand issues, and refine the revisions to policy
 - Circulate drafts for further committee review
 - Brief Board on committee findings or recommendations; confirm or finalize direction
3. Adopt and Implement (approximately 6 months)

Documents:

- Policy Example: Thurston County