# #8

## COMPLETE

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## Page 1: Grants to Arts and Culture Organization Application

## Q1

Arts/Culture Organization

Information

Name

Arts/Culture Organization

Address

City/Town

State/Province

ZIP/Postal Code

Email Address

Phone Number

**Emily Clouse** 

Collaborative Assn. for Reintegration & Education

(CARE)

5640 Indian Crest Ln. NE

**Olympia** 

WA

98516

careolympia@gmail.com

3608100993

## Q2

**Project Name** 

Reintegration Through Arts & Culture

## Q3

#### **Project Summary**

This collaborative project between Olympia Lamplighters and CARE offers Arts-Based Peer Counseling and Olympia Lamplighters Scholarships to justice and system impacted youth and young adults (Y-YAs). We are seeking funds to expand our Peer Navigator program and reach 30 more Y-YAs over the next year. CARE's arts-based peer counseling sessions utilize a strengths-based psychosocial perspective, highlighting the mind-body connection and emphasizing improved quality of life, social connectedness, and a sense of agency among Y-YAs. These peer counseling sessions take place both in the community and at Olympia Lamplighters' creative workspace. Olympia Lamplighters Scholarships provide Y-YAs with access to an art gallery and fully equipped creative space that offers a resource library, art classes, sound engineering/music lessons, and support in all creative endeavors.

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Total Grant Request Amount

\$5,000

## Q5

What types of expenses will your grant be used to cover?

Olympia Lamplighters Scholarships:

- Creative classes, workshops, and art supplies
- Limited access to the Audio Recording Studio
- Unlimited access to the creative workspace during operating hours
- Creative services, including (but not limited to): portfolio assistance, audio engineering support, and art storage

#### CARE Peer-Counseling:

- Liability insurance (up to \$500 per terms of funding contract)
- Transportation, meals (one per session), and communication costs required for peer counseling sessions
- Printing

## Q6

How many people do you expect to engage with this project?

We expect to expand our program to serve 30 additional YYAs over the next 12 months.

Q7 Yes

Eligibility - To apply for this opportunity, Olympia-based organizations must: Have programs centered on arts and/or culture in Olympia Have minimum two-year history of continuous operation serving Olympia residents Be a 501(c)3 non-profit organization Have at least one ongoing arts program open to the public in Olympia A City of Olympia Business License Previous grant recipients must wait one granting cycle before reapplyingDoes your program/organization meet eligibility?

#### Q8

Arts/Culture Organization – Please upload a statement\* about your organization, addressing the following questions. (\*Not to exceed one, double-sided page)Describe your history of involvement and activity within the community? How does the prior work of your Arts/Culture Organization prepare you to complete the proposed project? How do you anticipate your project will engage Olympia's citizens in meaningful ways to expand involvement in arts and culture?

Arts\_Culture%20Organization%20Statement.pdf (46.3KB)

#### Q9

Project Proposal – Please upload a statement\* about your project proposal, addressing the following questions. (\*Not to exceed one, double-sided page)How does your proposal contribute to broad distribution of arts and culture experiences throughout Olympia?How does your project provide for diverse forms of art and culture within the community? How does your project contribute to a balanced offering of arts and culture experiences within the Olympia community

Project%20Proposal%20Statement.pdf (39.3KB)

## Q10

Public Benefit - Please upload a statement\* about your project proposal, addressing the following questions. (\*Not to exceed one, double-sided page)Describe how this project provides equitable access to arts and culture for all Olympians? Especially populations and groups that have faced barriers to accessing community arts and culture programs. How do you intend to connect this opportunity with underserved communities?

Public%20Benefit%20Statement.pdf (42.2KB)

## Q11

Project Expenses: please list a description and the amount of each project expense. (Eg. Artist fees: \$500)

Project Expense 1 CARE Liability insurance (\$500	Project Expense 1	CARE Liability Insurance (\$500)
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Project Expense 2 Transportation (\$1200)

Project Expense 3 Meals (\$1450)

Project Expense 4 Communication (\$800)

Project Expense 5 Printing (\$800)

Project Expense 6 Creative classes and workshops (\$1250)

Project Expense 7 Art supplies (\$1000)

Project Expense 8 Audio Recording Studio Lessons (\$2000)

Project Expense 9 Creative Services (\$1,000)

Total Expenses \$10,000

## Q12

Project Income (Matching Funds): please list a description and the amount of each project income source (Eg. Ticket sales: \$500) this can include dollar and in-kind sources. (Note: volunteer hours can be included as "project income". Each volunteer hour is valued at \$31.72. To calculate the In-kind dollar value of your volunteer hours multiply the total number of hours by \$31.72. (Eg. 10 Volunteer Hours: \$317.20)

Project Income 1 Individual CARE Contributions \$2,400

Project Income 2 CARE Bank Balance \$2,100

Project Income 3 Volunteer Hours \$500

Total Income (Matching Funds) \$5,000

Grant Reguest Amount \$5,000

Overall Total (Add total income & Grant Request amount) \$10,000

## 2023 City of Olympia: Grants to Arts & Culture Organizations

# Q13

Will you accept partial funding, if offered?

Yes

## Q14

Please attach verification of your organization's 501(c)3 status.

CARE%20501(c)3%20Letter.pdf (449.7KB)

# Q15

Optional: Please upload any supplemental information.

IRS%20Determination%20Letter.PDF (361KB)

The Collaborative Association for Reintegration and Education (CARE) has actively served justice-involved community members in Thurston County for three years. CARE started as a grassroots, community-based mutual aid team in 2019, and became incorporated as a Washington State Nonprofit in June 2021. Our initial goals have been primarily centered around building trust and sustainable relationships with the population we serve by engaging neighbors in meaningful ways. CARE currently offers Mutual Aid, Youth and Young Adult (Y-YA) Recreation, and Peer Navigator programs. Over 75% of the Y-YAs we serve have expressed interest in the arts, both personally and professionally. CARE's Arts-Based Peer Counseling is an extension of our Peer Navigator program that was developed in response to this influx in creatively inclined Y-YAs we serve.

CARE has worked with Olympia Lamplighters since its inception by providing over 100 peer counseling sessions with 25% being in the creative workspace. These peer counseling sessions decrease risk factors for Y-YAs by building trust, increased autonomy, and improved life trajectories. Specifically, our work with Olympia Lamplighters reduces barriers to Y-YA involvement in arts and culture. This includes increased access to the arts through building the art community and increasing social connectedness, learning the arts through their classes, being able to financially support themselves by selling their artwork through their gallery space, and having access to music through their audio recording room.

CARE utilizes a strengths-based psychosocial perspective to engage with Y-YAs by providing an outlet for expressing thoughts and ideas in creative and therapeutic ways. This project will strengthen relationships between prosocial peers who can educate one another about arts and culture in a safe and secure setting. These methods provide Y-YAs with opportunities to learn new skills, develop new talents, and cultivate a sense of purpose and belonging. This distinctive approach creates an environment in which Y-YAs can learn alternative ways of processing difficult feelings and emotions, rather than acting in potentially dangerous or destructive ways.

Our commitment to the broad distribution of arts and culture experiences promotes enhanced overall functioning and quality of life for the Y-YAs we serve. This proposal reflects our commitment by improving reintegration outcomes and connecting justice-involved Y-YAs to opportunities that are typically perceived as inaccessible to them. Additionally, our Peer Navigators provide guidance and mentorship for Y-YAs who aspire to become financially self-sufficient artists by supporting them in their own personal distribution of art. Utilizing the space at Olympia Lamplighters provides Y-YAs an environment to build upon and develop new skills by engaging in creative experiences that foster a sense of empowerment.

Program activities may take many forms, including visual or performing arts, storytelling, dance, crafts, literature, and music. Integrating diverse forms of art and culture provides a wide range of opportunities that contribute to positive cognitive development, self-awareness, freedom of expression, and identity affirmation for the Y-YA we serve. Increased exposure to a myriad of creative experiences throughout Olympia is a critical component of transformative healing and liberation through the arts. For example, performing arts allow Y-YAs to practice certain prosocial skills and behaviors that can be applied to other arenas in life, such as communication and relationship building. Conversely, creative writing is a more solitary activity that can allow for self-reflection and mood control. This balanced offering of arts and culture experiences allows us to engage with Y-YAs in ways that are unique and meaningful to each individual we serve through this project.

This project will connect justice-involved Y-YAs in CARE's Peer Navigator program to the Olympia Lamplighters Scholarship program. The majority of the Y-YAs in our Peer Navigator program are unhoused, and reside in shelters, camps, hotels, and vehicles. This project provides equitable access to arts and culture by providing meals and transportation during peer counseling sessions. Our commitment to ensuring equitable access includes the elimination of barriers to the arts faced by the lack of essential basic needs many of our justice-impacted neighbors experience.

Olympia Lamplighters provides equitable access to arts and culture for all Olympians. Their mission statement is "to provide creators and artists of all ages and disciplines, a space to engage, inspire and grow together as an all-inclusive community." Their values statement includes, "Respect for all people, communities, and cultures. We honour our community by being socially, financially, and environmentally responsible and strive to meet the highest ethical standards. We challenge each other to strive for excellence and to continually learn as well as to embrace continuous improvement, change, and to foster bold creativity." They also offer free nights every Tuesday, a Queer Professional Networking monthly Meeting, a free monthly all ages queer dance, scholarships for art classes and space use, ADA accessible space, and gallery space to sell artwork.