

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family and community members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models and have happier, healthier children; and

WHEREAS, Men's Health Month was created to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Men's Health Month focuses on education on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, citizens of this Olympia are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups; and

NOW THEREFORE, BE IT RESOLVED, that the Olympia City Council do hereby proclaim June as

MEN'S HEALTH MONTH

In the City of Olympia and encourage all Olympians to pursue preventative health practices and early detection efforts.

SIGNED IN THE CITY OF OLYMPIA, WASHINGTON THIS 2nd DAY OF JUNE 2020.

OLYMPIA CITY COUNCIL

**Cheryl Selby
Mayor**