



## City Council

### Proclamation Recognizing Men's Health Month

**Agenda Date:** 6/2/2020  
**Agenda Item Number:** 2.A  
**File Number:**20-0426

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**Type:** recognition **Version:** 1 **Status:** Filed

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**Title**

Special Recognition - Proclamation Recognizing Men's Health Month

**Recommended Action**

**Committee Recommendation:**

Not referred to a committee.

**City Manager Recommendation:**

Proclaim June as Men's Health Month.

**Report**

**Issue:**

Whether to proclaim June as Men's Health Month.

**Staff Contact:**

Susan Grisham, Executive Assistant, 360.753.8244

**Presenter(s):**

Mayor Selby

**Background and Analysis:**

Congress designated June as Men's Health Month in 1994 to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. According to the Centers for Disease Control and Prevention, the leading causes of death among men are heart disease, cancer, and accidental death.

The month of June gives health care providers, public policy makers, and individuals an opportunity to encourage the men in our lives to encourage men and boys to seek regular medical check-ups, advice and early treatment for disease and injury. This is a time to get familiar with the preventable risks for age, ethnicity, and lifestyle; take steps to create healthful habits; schedule routine tests for early detection of disease; learn risk factors and document family health history with your physician. More information about Men's Health Month can be found at [www.menshealthmonth.org](http://www.menshealthmonth.org).

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**Attachments:**

Proclamation