



## City Council

### Special Recognition - Proclamation Recognizing Suicide Prevention Month

**Agenda Date:** 9/14/2021  
**Agenda Item Number:** 2.B  
**File Number:**21-0889

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**Type:** recognition **Version:** 1 **Status:** Filed

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#### **Title**

Special Recognition - Proclamation Recognizing Suicide Prevention Month

#### **Recommended Action**

##### **Committee Recommendation:**

Not referred to a committee.

##### **City Manager Recommendation:**

Recognize September as Suicide Prevention Month.

#### **Report**

##### **Issue:**

Whether to recognize September as Suicide Prevention Month.

##### **Staff Contact:**

Susan Grisham, Assistant to the City Manager

##### **Presenter(s):**

Councilmember Lisa Parshley

Councilmember Yến Huỳnh

##### **Background and Analysis:**

Suicide is a preventable mental health crisis that is often not discussed due to social and cultural stigma regarding openly discussing mental health struggles. In the United States, over 48,180 people die by suicide every year, averaging 121 suicide completions each day. Suicide completion rates have surged to a 30-year high.

Hope For the Day is a non-profit organization that is working to facilitate proactive suicide prevention and their website has a portal connecting folks to resources, education and outreach opportunities.

If you or someone you know is in crisis, contact the Suicide Prevention Lifeline at 1-800-273-TALK (8255), or dial 911 in case of emergency. Locally you can also call the Crisis Clinic of Thurston and Mason Counties at 360.586.2800.

**Attachments:**

Proclamation

Hope for the Day Website

Crisis Clinic of Thurston and Mason Counties Website