



City Council

Special Recognition - Proclamation Recognizing Mental Health Awareness Month

Agenda Date: 4/25/2017
Agenda Item Number: 2.A
File Number: 17-0446

Type: recognition **Version:** 1 **Status:** Filed

Title

Special Recognition - Proclamation Recognizing Mental Health Awareness Month

Recommended Action

Committee Recommendation:

Not referred to a committee.

City Manager Recommendation:

Move to recognize Mental Health Awareness Month.

Report

Issue:

Whether to recognize Mental Health Awareness Month.

Staff Contact:

Steve Hall, City Manager, 360.753.8224

Presenter(s):

Jami Lifka, Vice President, NAMI of Thurston/Mason

Background and Analysis:

Since 1949, May has been observed as National Mental Health Awareness Month, a time when advocates and activists across the country draw attention to the mental health issues that affect as many as one in four Americans.

Because of the stigma associated with mental illness, many people are too ashamed or embarrassed to seek the help they need for themselves or their loved ones. National Mental Health Awareness Month is a time when we work together to break through that stigma. We express compassion for those who struggle with mental health issues, and we draw attention to the proven methods that can help change their lives for the better.

All citizens, businesses, schools and community organizations are encouraged to take the "stigmafree pledge" at www.nami.org/stigmafree in observance of Mental Health Awareness Month.

Neighborhood/Community Interests (if known):

n/a

Options:

Read the proclamation

Do not read the proclamation

Financial Impact:

n/a

Attachments:

Proclamation