



General Government Committee

Preparation for Council's Mid-Year Retreat on June 8, 2019

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Title

Preparation for Council's Mid-Year Retreat on June 8, 2019

Recommended Action

Committee Recommendation:

Not referred to a committee.

City Manager Recommendation:

Move to forward recommendations to the full Council for the upcoming Mid-Year Retreat, including the location, agenda, and facilitator.

Report

Issue:

Determine options and recommendations for the agenda, location, and facilitator for the mid-year retreat.

Staff Contact:

Steve Hall, City Manager, 360.753.8447

Presenter(s):

Steve Hall, City Manager

Background and Analysis:

The Council holds a mid-year retreat to review its progress and/or focus on other items of interest. At the January 2019 retreat, Council set Saturday, June 8, as the date for the mid-year retreat. Staff has reserved space at LOTT on June 8 should the Committee support that location.

Recently, the mid-year retreat has spanned about five hours from 9 a.m. - 2 p.m., with a walking tour at lunch to visit buildings, services and places of interest. In 2018, the Council visited the Salvation Army, the Community Care Center and the ice cream shop on Washington Street as part of the walking tour.

At the January retreat, Council expressed an interest in receiving de-escalation training as a major element of the mid-year retreat. Staff have researched possible instructors, and are suggesting

Martin Reinsel for consideration by the General Government Committee. Mr. Reinsel has been a nationally recognized instructor of de-escalation and safety programs for more 15 years. He has trained health care and social service workers to practice non-violent de-escalation as a means of safe, harm-reduction practices.

He served as primary clinical educator for inpatient, involuntary psychiatric hospital staff at Navos Mental Health Solutions in Seattle, WA. He provided agency-wide training for 600 clinical and non-clinical staff on “Trauma-Informed Care” (TIC).

Should Mr. Reinsel’s training be recommended, a retreat facilitator would likely not be necessary.

Other possible agenda items could include updates or briefings on current city topics or projects, a check in on meeting management or relationship issues.

Neighborhood/Community Interests (if known):

N/A

Options:

1. Consider agenda items, locations, and facilitator for Council’s mid-year retreat.
2. Do not consider agenda items, locations, and facilitator for Council’s mid-year retreat.

Financial Impact:

Funding to cover the costs depends on the instructor and the use of a facilitator.

Attachments:

None