



## City Council

### Approval of the Proposed Agenda, Location, and Trainer for the Mid-Year City Council Retreat on June 8, 2019

**Agenda Date:** 5/7/2019  
**Agenda Item Number:** 4.C  
**File Number:** 19-0434

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**Type:** decision **Version:** 1 **Status:** Passed

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#### **Title**

Approval of the Proposed Agenda, Location, and Trainer for the Mid-Year City Council Retreat on June 8, 2019

#### **Recommended Action**

##### **Committee Recommendation:**

The General Government Committee met on April 24 and recommended the following location, agenda, and trainer for the City Council Mid-Year Retreat.

##### **City Manager Recommendation:**

Move to approve the upcoming mid-year retreat including the location, agenda, and trainer as recommended by the General Government Committee.

#### **Report**

##### **Issue:**

Whether to approve the recommendations for the location, agenda, and trainer for the mid-year retreat.

##### **Staff Contact:**

Steve Hall, City Manager, 360.753.8447

##### **Presenter(s):**

Steve Hall, City Manager

##### **Background and Analysis:**

The Council holds a mid-year retreat to address timely issues, review progress on major initiatives, and check-in on other matters as determined by the City Council.

At its January 2019 retreat, Council set Saturday, June 8, as the date for the mid-year retreat. The board room at LOTT has been reserved for the meeting. The mid-year retreat is normally four to five hours, usually Saturday morning. This year the General Government Committee recommends the retreat occur from 9 am - 3 pm.

At the January retreat, Council expressed an interest in receiving de-escalation training as a major element of the mid-year retreat. Staff have researched possible instructors, and suggested Martin Reinsel for consideration, which was is now recommended by the General Government Committee to move forward for Council approval.

Mr. Reinsel is a nationally recognized instructor of de-escalation, crisis intervention, and Trauma Informed Care for more than 15 years. He has trained health care and social service workers to practice non-violent de-escalation as a means of safe, harm-reduction practices. Mr. Reinsel served as primary clinical educator for inpatient, involuntary psychiatric hospital staff at Navos Mental Health Solutions in Seattle, WA. He provided agency-wide training for 600 clinical and non-clinical staff on Trauma-Informed Care.

The proposed agenda would also include a walking tour, an economic development update, and a check-in on the Council referral process. Please see the attached draft agenda.

**Neighborhood/Community Interests (if known):**

N/A

**Options:**

1. Approve the time, date, location, trainer and agenda for the mid-year retreat.
2. Make changes to the time, date, location, trainer and/or agenda.
3. Do not approve the time, date, location, trainer and agenda for the mid-year retreat.

**Financial Impact:**

Cost for the trainer is estimated between \$500 - \$600.

**Attachments:**

Draft Retreat Agenda